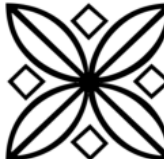


NATIONAL
**S'mores
Day**
AUGUST 10



Paris



HOUSING AUTHORITY



AUGUST 2026

Your Community Team

Michelle Parker
Executive Director
Sharon Hargett
Deputy Director
Cathey Williams
Occupancy Specialist
Paul Hancock
Maintenance Supervisor
Josh Partridge
Maintenance

Office Hours

Monday thru Friday

7:30 am - 4:00 pm

Closed for Lunch

Daily Noon - 1:00 pm

Mon-Thurs-LOBBY OPEN

8:00 am - 3:00 pm

Saturday/Sunday

Closed

Contact Directory

Main Office

731-642-4451

Office Fax

731-642-4496

Emergency Contact

731-431-8923

Nearest Department

Police Department

731-642-2424

Fire Department

731-642-1413

PET OWNERSHIP

Please remember that if you have a pet, it is your responsibility to clean up after them per our pet policy. This means if the potty outside you must clean it up. If you have cats keep their litter box clean and never throw litter outside. We also have to have updated vet records every year showing vaccination of your pet, this is a requirement of the pet policy as well. If you have a service animal or emotional support animal a requirement of the pet policy is that we receive documentation from your medical provider every year as well as vet records showing vaccination.

KEEP YOUR APARTMENT COOL

In order for your air conditioner/HVAC unit to work properly, and efficiently, you need to make sure all doors are closed both interior and exterior doors. Close all windows. Make sure nothing is blocking the air/return vents. And keep apartment clean and tidy, this helps the air filter do its job.

S'mores: "Original Recipe"

Celebrate National S'mores Day on Aug. 10 with the original recipe, published 99 years ago in a Girl Scout guidebook titled, "Tramping and Trailing with the Girl Scouts." The recipe for "Some More" calls for 16 graham crackers, eight bars of plain chocolate broken in two and 16 marshmallows. According to the Girl Scouts, one half of each chocolate bar should be placed on each side of the graham cracker, and the toasted marshmallows should be placed in the middle to slightly melt the surrounding chocolate.

Now, for the most controversial piece of the recipe: "Though it tastes like 'some more,' one is really enough."

The Dog Days

The hottest time of the year in the Northern Hemisphere, between July 3 and Aug. 11, is often called "the dog days of summer." While it's true that on these sultry days nothing sounds better than napping in the shade like a pampered pooch, that's not where the name comes from. During this period, the star Sirius, also known as the Dog Star, occupies the same part of the sky as the sun. Ancient Romans believed that the heat of the season actually came from Sirius and named this stretch of blazing temperatures the "dog days."

Quick Cool-Down Tip

Need a fast way to cool off after a workout or being outside on a hot day? Apply something cold—such as a chilled bottle of water, an ice cube or a cool, damp cloth—to your pulse points. These include the back of your neck, your inner wrists and elbows, behind your knees and your ankles. At these spots, your blood vessels are closer to the surface of the skin, so they'll respond quicker to the cold item and signal your brain to lower your body temperature. After a minute or two, you should feel a lot cooler.

Paris Housing Authority | info@parishousing.org
www.parishousing.org | 917 Minor Street Paris TN 38242



Resident News

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Birthday Traditions Unwrapped

Check out how different countries and cultures celebrate another candle on the cake!

In the U.K., children's birthday parties often feature a classic game called "pass the parcel." Children sit in a circle and pass around a gift wrapped in many layers of paper while music plays. When the music stops, the child holding the gift unwraps one layer of the gift wrap to find a note called a "forfeit," which is similar to a dare and includes actions like singing loudly, impersonating a character or telling a joke. The process repeats until the gift is fully unwrapped, and the child holding the present gets to keep it.

In China, people celebrate their special days by eating longevity noodles, which symbolize long life. Longevity noodles are ... well ... long, and the rule is that each noodle must be eaten whole without breaking the strand.



In Japan, celebrating birthdays on an individual's date of birth is a relatively new tradition. More than a century ago, it was common for everyone to celebrate growing older collectively on the new year. Today, while individual birthday celebrations are common, the first birthday marks a major milestone. The infant of honor chooses from different objects symbolizing future career paths, such as pens for writers, calculators for mathematicians and smartphones for careers in technology.

In Germany, it's more common for the birthday boy or girl to bake their own cake and foot the bill at a restaurant for a birthday gathering. And don't think of wishing anyone "Alles Gute zum Geburtstag" a day early—that's bad luck!



Recipe: Hawaiian Salsa

Ingredients:

- 1 pineapple
- 1 tomato
- 1/2 orange bell pepper
- 1/2 purple onion
- 1 jalapeño pepper
- 1 bunch cilantro
- 2 cloves garlic
- 1 mango
- 1/4 cup lime juice
- 2 tablespoons salt
- 1/2 teaspoon ground cumin

Directions:

1. Remove the pineapple stem and cut lengthwise.
2. Hollow out the halves and set the hollows aside.
3. Dice the pineapple, tomato, bell pepper, onion, jalapeño, cilantro, garlic and mango.
4. Place half of the diced ingredients in a bowl.
5. Place the other half in a blender and pulse for 5 seconds.
6. Add the blended ingredients to the diced ingredients, along with the lime juice, salt and cumin.
7. Stir gently to combine.
8. Serve the salsa in the pineapple hollows.



Trivia: Stars and Constellations

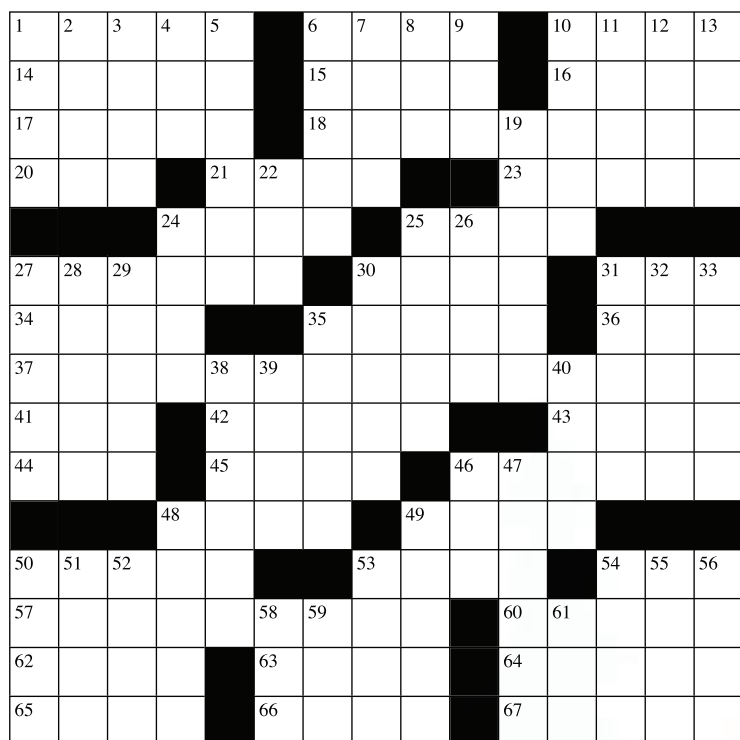
1. What is the largest visible constellation in the night sky?
2. Known as the "Dog Star," which celestial body is the brightest in the night sky and the namesake of summer's most sweltering weeks?
3. The Ursa Major and Ursa Minor constellations are said to be in the shape of what animal?
4. The Vikings depended on this star when navigating the seas.
5. Alnitak, Alnilam and Mintaka make up the belt of which famous starry hunter?

Think you know the answers?

Email your answers with "Stars and Constellations" in the subject line to triviamaster@residentnews.com for your chance to win cool stuff! Deadline for entry is August 31, 2026. Five winners will be selected by September 15, 2026, and notified via email.

(Last month's "First Family Code Names" answers: 1. Former President Lyndon Johnson, first lady Lady Bird Johnson and children; 2. Former President Dwight Eisenhower, first lady Mamie Eisenhower and son; 3. Former President Jimmy Carter, first lady Rosalynn Carter and children; 4. Former President John F. Kennedy, first lady Jacqueline Kennedy and children; 5. Former President Ronald Reagan, first lady Nancy Reagan and children)

Crossword Puzzle Fun



ACROSS

1. Savory gelatin
6. Cuts off
10. Exhibition
14. Minute
15. Simple
16. Stringed instrument
17. Mixer speed
18. School figure
20. Suite, abbr.
21. Fills with wonder
23. Fix
24. More than
25. Otherwise
27. Loft
30. Came to earth
31. Huck's friend
34. Drifting
35. Prickly plant
36. Spanish year
37. 1951 Bob Hope movie
41. Diver's danger
42. Louis XVI's lady
43. Philosopher Descartes
44. Vets' titles: abbr.
45. Climbing plant
46. Seeds
48. Relinquish
49. Compensated
50. Less risky
53. Baseball legend Willie
54. Take a chair

57. Holds dear
60. Coronet
62. Is in poor health
63. Sour
64. Cathedral feature
65. Bush 41's alma mater
66. Fencing sword
67. Is tilted

30. Mr. Palmer
31. Snatcher
32. Cat-__-tails
33. Fashions
35. Carried
38. Barbecue leftovers
39. Hotel employee
40. Nudge
46. State
47. A feisty person
48. Stop
49. Sticky stuff
50. Command to Fido
51. Opera song
52. Tumbled
53. Pere's partner
54. Long story
55. Turkey's neighbor
56. Earth tones
58. Native American
59. Modern music style
61. Dander

DOWN

1. Vipers
2. Sooty matter
3. Reduce
4. __-de-France
5. Sever
6. Biblical outcast
7. Boatman's items
8. Fraternity letter
9. Like word: abbr.
10. Slippery matter
11. Extravagant promo
12. Algerian port
13. Unite by heating
19. Island leader
22. Rainy
24. Type of exam
25. Slur over
26. One not to be trusted
27. Some communities
28. One of Jacob's 12
29. Feels dizzy

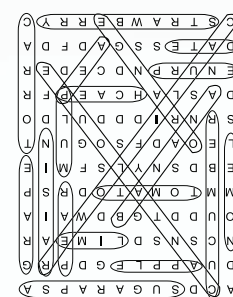


Word Search: Fruits and Vegetables

A C D S U G A R A P S A
 D U A P P L E G D P R G
 N C S N S D L I M E A R
 O U D D T G B D W A I A
 M M T O M A T O D R S P
 E B D S N Y L S F M I E
 L E O A D F S O G U N T
 S R N R I D D D U L D O
 D A S L A H C A E P F R
 E N U R P N D C E D E R
 D A T E S S G A D F D A
 C S T R A W B E R R Y C

APPLE	DATE	PEAR
ASPARAGUS	GRAPE	PLUM
BANANA	LEMON	PRUNE
CANTALOUPE	LIME	RAISIN
CARROT	ORANGE	STRAWBERRY
CAULIFLOWER	PEA	TOMATO
CUCUMBER	PEACH	

Answer Keys



AUGUST 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 RENT IS DUE
2	3  First Day of School	4	5 RENT IS PAST DUE	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21 SERVALL Outside at Vernon Place	22
23/30	24/31	25	26	27	28	29

Recipe: IRISH POTATO BITES

Ingredients:

8 small red potatoes
1/2 lb Irish bacon, cooked & chopped
1 Tbsp butter, melted
1 tsp salt
1/4 cup cheddar cheese, shredded
1/4 cup sour cream



Instructions:

Boil the potatoes whole until they are tender. When they have cooled, cut the potatoes in half, scoop out the center of each half, leaving a hole approximately 1 inch deep and 1 in diameter. In a small bowl, mix together the scooped portion of the potatoes, bacon, butter, salt, and sour cream. Scoop tablespoon-fuls of the filling into the potato halves, then line the halves on a greased baking pan. Top with shredded cheese and bake at 400 degrees F (205 degrees C) for 10 minutes.

HELLO

